

# A Goal For My Success!

Launch Date	Target Date	Completion Date

**My Dream Goal**

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**My WIIFM**

1. \_\_\_\_\_  
\_\_\_\_\_

2. \_\_\_\_\_  
\_\_\_\_\_

3. \_\_\_\_\_  
\_\_\_\_\_

4. \_\_\_\_\_  
\_\_\_\_\_

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## Mindset Check 1

**1. How Important Is It To Me To Achieve This Dream Goal?**

- High Importance
- Medium Importance
- Low Importance

**2. What Priority Level Am I Willing To Give To This Dream Goal?**

- High Priority
- Medium Priority
- Low Priority

**3. Am I Committed To Doing Something Every Day That Gets Me Closer To Achieving This Dream?**

- Yes
- No

**4. In Light Of These Questions, Am I Still Motivated To See This Become A Reality?**

- Yes
- No

**If you have selected High Importance, High Priority and Yes to the last two questions, congratulations! You will be focused and motivated to do what you need to do every day to achieve your dream goal!**

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Obstacle	Strategy To Overcome It

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Fear	Strategy To Overcome It
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## Mindset Check 2

**1. Do You Choose To Move Through Your Obstacles and Fears To Achieve Your Dream Goal?**

- Yes
- No

**2. Are Any Of Your Obstacles Or Fears More Important Than Your Dream Goal?**

- Yes
- No

**3. Are You Still Willing To Go For Your Dream Goal By Implementing Your New Thought Patterns and Strategies For Overcoming Any Obstacle Or Fear?**

- Yes
- No

**4. Are You Willing To Stop Using Your Energy To Fret Over Things And Instead Use It To Fuel Your Being And Doing?**

- Yes
- No

**If you answered Yes to number 1, 3 and 4 while answering No to number 2, congratulations again! You will be working on a dream goal that is so worthwhile that anything that stands between you and it can be overcome!**

## A Goal For My Success!

Action Steps	Target Date	Completion Date	Celebration

# A Goal For My Success!

## Mindset Check 3

**1. Is It Worth The Time, Energy, Effort and Money That You May Spend To Reach This Dream Goal?**

- Yes
- No

If you answered Yes, you are well on your way to creating your own future by your design! If for some reason, you answered No, then revisit your goal and the WIIFM or adjust your mindset regarding the tasks to achieve it.

## Take Action Now

- 1. Get a 3x5 index card. On one side of the card, write your dream goal that you will accomplish. On the other side of the card, write your WIIFM. Keep that card with you at all times and refer to it as often as possible throughout the course of the day. (You can do this electronically and put these in your phone as wallpaper or notes, but it is not as powerful as a handwritten 3x5 card.)**
- 2. Post your action page(s) wherever you will see it frequently so that you always know what you are working on and moving towards.**
- 3. Schedule appointments with yourself, mark them on your calendar and honor them. During those appointments, you will work on the task at hand. Repeat this process for every action step until you have completed every one and have achieved the ultimate dream goal.**
- 4. Take your first action step! Now! There is no more waiting to *see* what happens. It is up to you to *make* it happen.**